

## Course on *Beauty & Wellness*

### Course Description

Personal appearance is important to many and the industry of beauty and fitness help them care for it in the aptest way – be it calling for a hairdresser or indulging into yoga.

The beauty and fitness industry offers a diverse range of careers to aspirants. Candidates can work for or run a locally owned beauty salon or find themselves working for spa resorts, fitness centres, cruise ships, hotels, and so on. With a range of specialities available, candidates can find themselves developing a variety of skills in practices such as hairstyling, makeup, skin care, etc.



### Course Components

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|------------------------|----------------------------------|
| 1. Threading           | 6. Body Massage & Body Polishing |
| 2. Waxing              | 7. Hair Spa                      |
| 3. Pedicure & Manicure | 8. Hair Style                    |
| 4. Facial              | 9. Makeup                        |
| 5. Hair Cut            | 10. Saree Draping                |

### Job Prospects/Benefits

Beauty therapy courses can help you in many ways. Here are a few:

- They will train you for a job in a growing industry.
- They will expand your opportunities. You may be a licensed esthetician, but becoming a qualified laser therapist can make you more versatile. You will not be limited to only one area.
- They will give you the knowledge you need to advise clients. Not only will you be able to perform the treatments, but you will also be qualified to offer consultations. You will also learn about physiology and anatomy. This will help you in whatever job you choose. The more knowledgeable you are, the more comfortable customers will feel.
- You will be able to earn a higher salary.
- You will be able to open your own business or work from home.

**Duration :** 90 Days



**FLEXIBLE  
TIME TABLE**



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TEACHERS**



**FREE COURSE  
MATERIALS**



**100 + FREE  
ONLINE COURSE**

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